

Suicidal Behaviour Research Lab (SBRL)



06/2026
Newsletter issue 2

ABOUT THE LAB

We conduct high quality, theoretically grounded and innovative research as we strive to understand and prevent suicide.

SBRL NEWS



EMCRF26

The 10th EMCRF 2026 hosted at the Glasgow Grosvenor Hotel has now taken place! Follow our website and LinkedIn for updates on EMCRF 2027!



The CASEY Project

Researchers at the University of Glasgow are still recruiting for people to give feedback on a novel suicide prevention safety planning app.



PUBLICATION

This paper examines how pathways within the IMV model predict suicidal ideation over time, considering the role of loneliness and resilience.

LAB UPDATES

Achievements | Events | Publications

SBRL

Suicidal Behaviour Research Lab



SBRL Christmas Dinner 2025

WELCOME

Welcome to the SBRL newsletter!

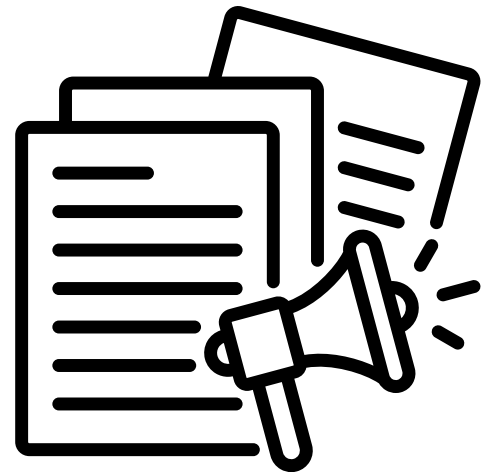
Our aim is to share output and updates from our lab, and share opportunities in the field. The full PDF is available on our website, which will allow you to follow the links embedded in the newsletter.

Newsletters will be sent out quarterly, so please subscribe and share with anyone who might want to sign up!

NEW PUBLICATION

[Policy and public health implications for mental health after the COVID-19 pandemic.](#) Nakimuli-Mpungu and colleagues (2026)

Nakimuli-Mpungu and colleagues across the globe explore how the COVID-19 pandemic exposed weaknesses in mental health systems. The study highlights that policies need to be better equipped to support different populations.



NEW BLOG POST

[What Are We Missing? Endometriosis and Suicide Risk.](#) *Fatima Hayat Malik, MSc Global Mental Health student, University of Glasgow*

Fatima Hayat Malik is an MSc Global Mental Health student at the University of Glasgow. Her research interests include women's mental health and wellbeing and community-based mental health responses. She has contributed to academic research-based projects on these topics and has also been involved in mental health awareness and advocacy initiatives in addition to her studies.



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LAB VISITOR

Alberto Sánchez, a PhD candidate from the University of Barcelona (Spain) and a member of NEOteam, who is visiting the lab from June to August.

Alberto is working on a project researching the sociodemographic, clinical and psychosocial predictors of suicidal ideation in patients with advanced solid tumours. The aim of this research is to identify behavioral and clinical markers to improve risk screening in oncological care.

Analyses from the multicentre cohort of 1,198 Spanish patients suggest that anxiety symptoms and financial toxicity act as independent predictor of suicidal risk, highlighting the value of psychosocial screening alongside standard clinical parameters.



PARTICIPANT RECRUITMENT

Researchers at the University of Glasgow are looking for women and birthing people to take part in a confidential interview about post partum mental health

What's involved:

- 60-90 minute interview (online, telephone or in-person)
- Asked questions about experiences of suicide
- You can withdraw at any time
- Voluntary and confidential

Who can take part:

- Aged 18+
- Given birth in the last 2 years
- Experienced suicidal thoughts in the year after birth
- Don't need to be experiencing these thoughts just now



WIPPS
Wellbeing in Post-Partum Study

Interested? Please visit: www.tinyurl.com/Postpart-MH

FROM THE SBRL ARCHIVES

[See all of our publications and blog posts](#)

[Emotion processing and electrodermal activity in young people who self-harm](#)
(Wetherall et al., 2025).

[Male suicide in the construction industry](#) - Nadia Belkadi (Research Assistant & PhD Student)

Exploring young people's experiences of a text-based support service: A qualitative analysis of the support that young people think is important in a suicidal crisis (McClelland & O'Connor., 2025)

Are asylum seekers in the UK at increased risk of suicide? - Dr Karen Wetherall

RESEARCHER SPOTLIGHT



Name: Alberto Sánchez Fernández-Quejo

Role: *PhD student*

Affiliation: *Universidad de Barcelona*

Research Focus: *Suicide and Cancer*

Contact: [LinkedIn](#)

[See all of our team here](#)

What's a short summary of your research?

My research investigates the longitudinal trajectories of suicidal ideation in advanced cancer patients. Using a large multicentre cohort, I examine how clinical parameters interact with psychological, socioeconomic, and existential variables, such as anxiety, financial toxicity, and spiritual well-being, to predict severe distress in oncology settings.

What does a typical workday look like?

On a usual workday, I head to the office and organize my schedule, starting with quick tasks like catching up on emails. My time is typically split between my teaching responsibilities for the University of Barcelona, such as preparing classes, and diving into heavier research tasks in the afternoon. That is when I focus on analyzing multicentre data, drafting papers, or preparing upcoming conference presentations. After hours, I love to unwind by working out at the gym, meeting up with colleagues, or experimenting with new recipes at home.

What keeps you motivated?

Knowing that our research can be translated into real-world clinical tools, screening protocols and guidelines to help cancer patients facing one of life's most challenging experiences is what drives me the most. Additionally, collaborating with dedicated researchers worldwide reminds me that, even when the clinical reality feels heavy, there is a brilliant community working together to make a meaningful difference in healthcare.

How do you stay grounded?

By completely disconnecting from the office on weekends and remembering that there is a whole world out there, full of diverse people, stories, and experiences. Reading a good book, cooking something delicious, watching a silly TV show, catching up with friends, or playing video games helps me recharge my batteries while enjoying life outside of academia.

NIHR Improving discharge delivery across Health and Social Care Funding

Closing date: 16th September 2026

Research Associate (NIHR Greater Manchester Patient Safety Research Collaboration) - Closes 20th July 2026

Research Officer – ADR Suicide - Swansea University - Closes 8th July 2026

CONFERENCE

Suicide Bereavement UK 15th International Conference

16th September 2026

Location: Liverpool and online

Find out more [here](#)

EMCRF26, Glasgow Grosvenor Hotel

The SBRL is delighted to announce that the 10th anniversary of the EMCRF26 in Glasgow was a success! We would like to thank everyone who attended, engaged and presented their work at the event.

We had the privilege of welcoming our two keynote speakers, Professor Matt Spittal from University of Melbourne and Professor Pooja Saini from Liverpool John Moores University.

Our two fantastic early and mid career researcher speakers, Dr Hazel Marzetti, University of Edinburgh and Dr Heather McClelland, University of Glasgow shared their inspiring experiences through PhD to post doc life.

We also had two amazing and thought-provoking workshops facilitated by Dr Amy Brausch, University of Western Kentucky University and Dr Paul Corcoran and Dr Eve Griffiths from University College Cork.

We can't wait for EMCRF 2027!



Attendees at the 10th EMCRF in Glasgow

